

**STEP
1**

Print the patient's name, DOB, sample collection date and time, along with **your initials** on the labels.

**STEP
2**

Wear surgical gloves prior to handling the swabs to avoid contamination.

**STEP
3**

Remove the collection tube from the plastic wrapper and discard the wrapper. Unscrew the top from the collection tube and remove the swab.

**STEP
4**

Insert the swab into the mouth and firmly rub up and down against the inside of the cheek for about 30 seconds.

**STEP
5**

Carefully remove the swab from the mouth. **Do not** touch swab tip against teeth, lips or other surface. Place the swab directly into the collection tube. Tighten to close.

**STEP
6**

Remove the second swab and repeat Steps 4-5 to obtain a sample from the other cheek.

**STEP
7**

Place the two sealed collection tubes inside the specimen bag. Sample should be kept at room temperature until courier pick up.

**30 min**

Before providing a sample, the patient should not eat, drink (water included), smoke or chew gum for 30 minutes.



Keep samples at room temperature until courier pick-up

**STEP
8****Scion Portal Users:**

Place signed consent and bagged samples into the padded return envelope.

KIPU Users:

Place signed consent, bagged samples and print out of patient's medication regime into the padded return envelope.